

Cedar	Use in spells and charms to promote strength, money, protection, healing and purification .
Dragon's Blood	Used for protection, increasing potency in magical works and purification . Burn as an incense to increase the potency of spellwork. It is excellent in banishing and exorcism .
Fennel Seed	Use in spells and charms for protection, healing , and purification .
Frankincense	A resin. Can be used to represent the Divine Masculine. Often combined with myrrh to make a temple incense. Used for protection, cleansing and purification . Burn as an incense for protective work, consecration, and meditation.
Garlic	Used to invoke Hecate. Uses include healing, protection, exorcism and purification. Can be used to guard against negative energy, harmful magic, spirits and jealousy of others.
Lavendar	burned to cleanse an area of negativity or unwanted energies .
Marjoram	Used for cleansing, purification, and the dispelling of negative energy. Can be used in charms or sleep satchels placed under pillow to bring pleasant dreams.
Marshmallow Root	Used for protection and to enhance psychic powers. It can be burned as incense for protection and to enhance and stimulate psychic abilities. Place some on your altar during ritual to draw in positive spirits.
Myrrh	Feminine herb used to represent the Goddess. Promotes spirituality, meditation, and healing . Will enhance any magical working . Increases the effectiveness of any incense blend it is added to. Often burned with frankincense as a temple incense.
Nutmeg	Used in magical workings to attract money/prosperity, luck. Also used in spells and charms for protection and breaking hexes. Can also be used in a good luck charm.
Rosemary	Associated with the Faye. Can be used in healing poppets for good health. Used in love/lust spells. Can be used in herbal baths for purification . Burn as an incense to remove negative energy and purification .
Sage	Burn for self purification and the purification of an area or ritual space. Bundle dry leaves or loose leaves to banish negativity and negative spirits from an area or home . Used in healing charms and incense. Removes negative energy .
Sandalwood especially red	Used to clear negativity from a home by sprinkling it around the property. Use as an incense during protection, healing, and exorcism spells . The wood can be used to make healing wands. Used to help align the chakras for better energy flow. It is a good incense to burn during meditation. May be mixed with frankincense
Sea Salt	Most kosher salt is sea salt. Represents earth on the altar. Used for cleansing, purification , grounding, protection magic and ritual . Used with water for asperging, consecration and casting circles.
Thyme	Used in spells and charms to attract loyalty, affection, and the good opinion of others. Burn as an incense or use in charms and hang in the home for banishing and purification of the home. Bring into the home to attract good health for all occupants. Use in dream pillows to prevent nightmares and facilitate a night of restful sleep .
White Sage	Use for smudging or for purification .

White Willow Bark	Used to guard against negativity and negative spirits. Can be used in healing spells.

This herb's name comes to us from the Latin lavare, which means "to wash". Infused in water and oils, added to soaps and sachets, lavender was used in Roman baths to purify the body as well as the spirit. It is used today for this very purpose. A lavender soap or bath sachet is ideal for a thorough magickal cleansing, especially just before a ritual or spellcasting. Best of all, lavender-infused bath products are inexpensive and easy to find!

Lavender can also be burned to cleanse an area of negativity or unwanted energies. It was one of the herbs used to ritually purify the Temple of Solomon three thousand years ago. Lavender incense sticks are widely available today and easy to use for this purpose. The more hands-on witch can buy or grow lavender petals for burning on a charcoal burner. Lavender water can also be used to purify the home. Not only does clean it a space nicely, it also leaves behind a most delightful smell! Instructions for making lavender water can be found below.